



No. O/o DG (TM)/81/48222/LSRB-349/PEE&BS/2019

Date: 10.10.2019

To,

The Principal
Raja Narendra Lal Khan Women's College,
P.O. Vidyasagar University, Paschim Medinipur,
West Bengal-721102

Sub: Grants-in-Aid for research project entitled "Stress related health problem management of college students by Yoga with nutraceutical interventions" (LSRB-349) under LSRB.

Approval of the competent authority DG (TM) is hereby conveyed for a grant of Rs.34.82 Lakh (Rupees Thirty four lakh eighty two thousand only), to Raja Narendra Lal Khan Women's College, Medinipur, West Bengal for pursuing the research on the subject entitled project.

2. **Project No. LSRB-349/PEE&BS/2019**

PI: **Dr. Dilip Kumar Nandi**
Associate Professor & HOD,
PG Dept. of Physiology,
Raja Narendra Lal Khan Women's College,
P.O. Vidyasagar University, Paschim Medinipur,
West Bengal-721102

Co-PI : **Dr. Jayasree Laha**
Principal,
Raja Narendra Lal Khan Women's College,
P.O. Vidyasagar University, Paschim Medinipur,
West Bengal-721102

3. The grant shall be spent as follows:-

Expenditure on ↓ (Rs in lakh) during →	Year 1	Year 2	Year 3	Line Total
(a). Research Staff (JRF-01)	4,01,760	4,01,760	4,53,600	12,57,120
(b). Non- expendable equipment and stores:	10,56,000	-	-	10,56,000
(i) I-Stat Blood Analyzer				
(ii) Spirometer with Laptop				
(iii) Bicycle ergometer				
(c). Expendable stores, chemicals etc	5,00,000	5,00,000	51,000	10,51,000
(d) Contingencies	10,000	10,000	10,000	30,000
(e). TA/DA	20,000	20,000	18,000	58,000
(f) Institutional Overhead Charges	10,000	10,000	9,880	29,880
Column Total	19,97,760	9,41,760	5,42,480	34,82,000

Grand Total = Rs.34.82 Lakh (Rupees Thirty four lakh eighty two thousand only).

4. The project will last for 03 years from the date of release of the first installment by the PCDA (R&D) and it will be governed by the terms and conditions given overleaf.