

Syllabus: Nutrition & Diet Management

Hour1:- A) Basic concepts of diet therapy

B) Routine Hospital diet, Parenteral & Enteral Nutrition

Hour 2:- A) Principles of diet therapy & therapeutic nutrition for changing needs. B) Role of Dietitian in the hospital & Community

Hour3:- Diet for Gastrointestinal disorder & liver disease

Hour 4:- Diet for febrile condition, infections & surgical conditions

Hour5:- Diet for Renal disease

Hour6:- Diet for Obesity

Hour7:- Diet for cardiovascular disorders.

Hour 8:- Nutrition in cancer & metabolic disorder.

Hour 9:- Immune system dysfunction

Hour 10:- Neurological disorder

Hour 11:- Nutrition –Addictive behaviour in Alcoholism

Hour12:- Nutritional modification in Anorexia nervosa & Bulimia.

Hour 13: - Nutrient & drug interaction

Hour 14:- Feeding of infants & Children

Hour 15:- Nutrition and diet clinics- Nutrition education in general

Hour 16: Patients check-up and dietary counselling, educating the patient and follow up.