

**RAJA NARENDRA LAL KHAN WOMEN'S COLLEGE
(ATONOMOUS)**

CAREER ADVANCEMENT CENTRE

Syllabus For

*Certificate Course in Folk Dance and Creative Dance organized by
IQAC and CAC*

(Practical)

Course Hours:30

1. Provincial Folk Dance – any two forms :

- Bihu (Assam)
- Santali (Jharkhand/ West Bengal)
- Garba (Gujrat)
- Bou Nach (West Bengal)

2. Basic Steps of Indian Folk dance based on various type of Rhythm

- Dadra (6 matra)
- Kharba (8 matra)
- Teora (7 matra)
- Jhanptal (10 matra) or any Indian taal – suitable for the students (According to the teacher opinion)

3. Basic Idea on any of the two folk dance of Bengal .

- Tusu
- Chou
- Dhamail
- Suri

4. Some Basic Steps of Indian Creative dance Composition (based on themes – Water, Natural Harvest etc)

5. Composition on any four songs of Rabindranath Tagor-(selecting from various parjaya – have to mention the parjaya and taal)

6. Composition of Nazrul Geeti – Any four , selecting from various Parjayas- mentioning the porjaya and taal)

Theory

1. Meaning of dance and a brief history of Indian dance
2. Type of Indian Folk dance
3. History of Indian Creative Dance
4. Brief discussion of Mudra and Taal