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The language of the manuscript must be in English (either American or British standard, but not the mixture of both except for Bengali literature).

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Original papers, review papers, conceptual framework, analytical and simulation models, case studies,

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Sample Of The Title Page

Title (First Letter in Caps)

Studies on Some Historical Sites in Midnapore

Author's names and affiliations

Maity, Jayanta^a; Ghosh, Subhra^b and Pal, Dilip^{b*}

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From the Desk of the Editor

It is a matter of great pleasure that *Anudhyan An International Journal of Social Science* sees the daylight sustaining its continuity which is a prerequisite of publication of any journal. In this issue the journal has focused a fresh light on some new areas of Humanities and Social Science. Sarbasree Bandyopadhyay in her essay tries to study the history of independence of Bangladesh through cinematic lens and she uses two documentaries "Muktir Gaan" and "Muktir Kotha" to carry out her study. Tapati Dasgupta's article 'Environmental Crisis and Adivasi Challenge against Colonial Rule' is worth mentioning. The tradition of re-reading the philosophy of universal religion promulgated by Swami Vivekananda never dies. Gargi Medda's paper on it is a new addition on this vast field of philosophy. Alak Pal and Victor Palit carry out their works on medical field. It is a high time that the women from the different corners of the world in general and India in particular are raging their battle cry against all social prejudices and superstitious beliefs around menstruation. At this time Iti Ckaraborty's article 'Influence of Menstrual Cycle Phases on Health Related Physical Fitness Components of Players' will surely draw the attention of serious readers. Other papers on different fields of Humanities and Social Sciences are written after competent research work.

The editor is indebted to many, whose names are not mentioned always, for their assistance at different stages of the publication of the journal. Dr. Jayasree Laha, Principal of our college, always extends her able guidance which works as the goading spirit behind the publication of the journal. Thanks are due to all members of the Editorial Board and Reviewers for their meticulous scrutiny of each and every article submitted to this journal. We also gratefully thank all the authors who submitted their articles to this journal for publication.

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