



Raja Narendra Lal Khan Women's College (Autonomous)

Re-accredited with grade 'A' by NAAC
Gope Palace :: Midnapore :: West Bengal :: India

POSHAN MAAH CELEBRATION 2022

WORKSHOP ON "MODERN APPROACHES OF NUTRITIOUS
AND HEALTHY FOODS FOR MOTHERS AND CHILDREN"

Date: 21st September, 2022 Time 11:00 am to 3:30 pm

Organized by

Dept. of Nutrition (UG) & Food Science & Nutrition (PG)
And Internal Quality Assurance Cell (IQAC)



Dr. Jayasree Laha

Principal, Raja Narendra Lal Khan Women's College (Autonomous)
Chairperson of the Workshop



Prof. Debidas Ghosh

Professor, Department of Bio-Medical Laboratory Science & Management
Vidyasagar University
Invited Lecture on "Mother and Child Health"



Dr. Koushik Das

Assistant Professor & Head, Department of Nutrition , Belda College
Invited Lecture on "Journey of the first 1000 days: foundation for a
healthier future"

Poster Competition of UG & PG Students: 12:30-1:30 pm

Healthy & Tasty Food Stall : 1:30 pm to 3:30 pm

CONVENOR



Dr. Dilip Kumar Nandi

Co-ordinator
Dept. of Food Science & Nutrition

JOINT CONVENORS



Dr. Rashmi Mukherjee

IQAC Co-ordinator & Assistant Professor
& HOD [PG], Dept. of Botany



Ms. Padma Sangmu Bomzon

IQAC Jt. Co-ordinator & Assistant Professor
Dept. of Nutrition & Head, Dept. of NCC

ORGANIZING COMMITTEE

ORGANIZING SECRETARIES

Nirmalya Kumar Sinha, SACT & In-Charge,
Dept. of Nutrition & Dept. of NSS

Meghamala Mandal, SACT ,
Dept. of Nutrition

Shrabanti Pyne, SACT, Dept. of Nutrition &
Co-ordinator, Dept. of MSHW

Deblina Giri , SACT, Dept. of Nutrition

Modhurai Gupta, SACT , Dept. of Nutrition

Venue: Dr. B.C. Roy Memorial Hall, RNLKWC [A]